

CCS SERVICE PROVIDER DIRECTORY

The Human Service Center (Serving Forest, Oneida and Vilas Counties)

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| Agency Name: Balanced Eating with Cindy Address: 3953 Flannery Lake Rd, Rhinelander, Wisconsin 54501 Phone: 715-360-5121 E-mail: | |
| Services Provided | Physical Health Monitoring (6), Individual Skill Development & Enhancement (8), Wellness Management (11) |
| Service Description | <p>Cindy Weister is a Registered Dietitian with over 25 years of experience in nutrition counseling for all age groups. Her experience includes assisting clients with balanced eating for diabetes, eating disorders, weight loss, cardiac and the elderly.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In the community</p> |
| Providers: | Cynthia (Cindy) Weister, RDN, CD, MS |

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| <p>Compass Counseling 3704 Weston Ave. Weston, WI 54476 Phone: 715-298-6364 Fax: 715-298-6365 Website: compasscounsels.com</p> | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Compass Counseling is a State certified outpatient mental health and alcohol and other drug abuse (AODA) clinic dedicated to providing quality, caring, and confidential services to families, children, adults, and couples. They offer assessments and treatment, including court-ordered, for a wide range of issues and concerns.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office (Weston), branches in Wausau and Wisconsin Rapids</p> |
| Providers | Elizabeth Unrath, MA, LPC |

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| Cornerstone Psychological The Curran Building 315 S. Oneida Ave., Suite 101 Rhinelander, WI 54501 Phone: 715-420-1201 Fax: 715-420-1202 | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Cornerstone Psychological offers individuals an evidence-based practice with a wide range of emotional and behavioral services for substance abuse and mental health in a comfortable, kind and supportive atmosphere. Accepts most insurances. Offers brain-spotting technique.</p> <p style="text-align: center;">Ages Served:</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Sandra L. Van Boxel, CSW, CSAC, CCJS, NCGC, ICS, CBSP (substance use only) Tom McGuire, LPC |

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| <p>Headwaters 1141 East Timber Dr. P.O. Box 618 Rhineland, WI 54501 Website: http://www.headwatersinc.org/ Email: jfelty@headwatersinc.org</p> | |
| <p>Services Provided</p> | <p>Individual Skill Development & Enhancement (8)</p> |
| <p>Service Description</p> | <p>Headwaters is a non-profit community-based services agency with 50 years of experience providing services for people with intellectual disabilities, autism spectrum disorders, serious and persistent mental illness, brain injuries, physical disabilities, and children with special needs throughout northern Wisconsin. We provide a variety of support services that can be customized to fit someone’s specific needs, and we specialize in supporting people to live the kind of life they want in the communities where they want to live.</p> <p>Through CCS (Comprehensive Community Services), Headwaters works with the team to support people in their recovery by providing personalized services to help them become more self-sufficient, build skills for employment, and to have more life satisfaction overall.</p> <p style="text-align: center;">Ages Served: Across the lifespan</p> <p style="text-align: center;">Service Location: In the community.</p> |
| <p>Providers</p> | <p>Cory Dart</p> |

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| <p>Innovative Services, Inc. 1001 Brilowski Rd. Suite D Stevens Point, WI. 54482 Phone: (715) 498-4326 Fax: (920) 273-3201 Website: www.isiinc.org</p> | |
| Services Provided | Medication Management (5), Individual Skill Development & Enhancement (8), Individual & Family Psychoeducation (10) |
| Service Description: | <p>Ages Served: Across the lifespan</p> <p>Service Location: Central Wisconsin – currently providing services in Oneida County for the tri-county region of Forest, Oneida, & Vilas</p> |
| Providers | Innovative Services has a team of highly trained CCS direct care staff who participate in ongoing professional development in order to successfully work with a wide range of physical, mental, emotional and cognitive needs. |
| <p>Innovative Services offers in home and community-based mental health services for individuals across the lifespan. Services are person-centered and recovery-focused, achieving the optimum level of independence and wellness for all individuals and their families.</p> | |

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| <p>Laura Stoffel Lake Tomahawk, WI 54539 Phone: 715-892-2866 Email: laura_stoffel@yahoo.com</p> | |
| Services Provided | <p>Physical Health Monitoring (6), Individual Skill Development & Enhancement (8), Wellness Management (11)</p> |
| Service Description | <p>Laura Stoffel is a health coach who provides health advocacy, health monitoring, and lifestyle modification coaching. She is a licensed nurse and personal trainer with 28 years of experience encouraging and motivating people to improve their lives through healthy lifestyle choices.</p> <p>Ages Served: Mainly adults, will work with children when needed.</p> <p style="text-align: right;">Service Location: In Community</p> |
| Providers | <p>Laura Stoffel</p> |

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| <p>Limberg Counseling & Associates 8618 Hwy 51 North, Yeschek Building Minocqua, WI 54548 Phone: 715-356-6146 or 800-788-5882 Fax: 715-358-9556 Website: limbergassociatescounseling.com</p> | |
| Services Provided | Psychotherapy (12) |
| Service Description | <p>Limberg Counseling & Associates offers a wide variety of counseling and therapy services for individuals (3 & up), couples, and relationships. We have been providing quality counseling to the Minocqua WI area and all of Northern WI for well over 20 years and are dedicated to offering a safe, comfortable, and confidential environment. We are a state certified outpatient mental health clinic specializing in: marriage counseling, couples counseling, and children/family therapy.</p> <p style="text-align: center;">Ages Served: Across the lifespan (3 & up)</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | <p>Shirley Limberg, MS, LCSW Suzanne Scheldroup, MSW, LCSW</p> |

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| New Horizons Family Services 74 N. Stevens Street Rhinelander, WI 54501 Phone: 715-420-2033 | |
| Services Provided | Medication Management (5), Individual Skill Development & Enhancement (8), Employment Skill Development (9), Individual & Family Psychoeducation (10) |
| Service Description | <p>New Horizon's CCS program serves adults and children with mental health and substance use disorders in need of ongoing services due to an impairment that interferes with or limits major life activities. CCS is available to individuals who are determined eligible through the state functional screening process.</p> <p style="text-align: center;">Ages Served: All ages.</p> <p style="text-align: center;">Service Location: In the community.</p> |
| Providers | Contact New Horizons for referral |

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| <p>Nicolet Staffing 3611 Hwy 47 North P.O. Box 861 Rhineland, WI 54501 Phone: 715-365-1342 Website: nicoletstaffing.com Email: rhineland@nicoletstaffing.com</p> | |
| Services Provided | Medication Management (5), Individual Skill Development & Enhancement (8) |
| Service Description | <p>Nicolet Supportive Home Care provides services to county and community care organizations throughout North / Central Wisconsin and Upper Michigan.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In the community</p> |
| Providers | Karen Zettler |

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| Northland Counseling 615 E. Wall St. Eagle River, WI 54521 (715) 479-2600 northlandcounselingsvcs.com | |
| Services Provided | Psychotherapy (12) |
| Service Description | <p>Northland Counseling’s Jen Alward works with children, adolescents, families, parents, and couples in out-patient and in-home therapy settings. She also has experience working with the elderly and people with developmental disabilities in residential settings. Jen works with people of all ages using a variety of therapy modalities, including cognitive, art, sand-tray and play therapies.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Jennifer Alward MA, LPC, ATRL-BC |

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| Options Counseling 158 S. Anderson Suite #1 PO Box 1550 Rhinelander, WI 54501 Phone: 715-369-7300 Fax: 715-369-7301 Website: optionscs.net | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | Options Counseling Services, LLC provides quality, cost effective care for clients and their families. Options offers support and care for alcohol/drug issues, anxiety and depression treatment, family counseling, stress management, and help with life transitions. <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Cristin Opall, MS, LPC (coppall@optionscs.net) |

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| Paula Sweney-Wagler – Northwoods Health and Wellness Coaching, LLC 68 S. Stevens St. (ArtStart building) Rhinelander, WI 54501 Phone: 715-367-4609 Website: northwoodshealthwellnesscoaching.com | |
| Services Provided | Physical Health Monitoring (6), Individual Skill Development & Enhancement (8), Wellness Management (11) |
| Service Description | <p>Paula Sweney-Wagler is a Certified Health and Wellness Coach and a Registered Dietitian Nutritionist who assists individuals in creating a Wellness Plan based on their unique values that helps them to balance their physical, spiritual, and emotional health. She works with clients to meet the needs that are most important to them, which may include improving energy, reducing stress, or experiencing greater life-satisfaction.</p> <p style="text-align: center;">Ages Served: Primarily adults, will work with youth on an individual basis</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Paula Sweney-Wagler, CHWC, RD |

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| <p>Psychological Resource Center 1218 N. 4th Street, Suite 108 Tomahawk, WI 54487 Phone: 715 224 2100 Fax: 715 224 2106 Website: psychresctr.com Email: dkleinf@psychresctr.com</p> | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Psychological Resource Center, LLC is a mental health treatment center that offers confidential outpatient diagnosis and treatment for mental health and substance abuse issues. Works with clients that have diagnoses co-occurring with ASD.</p> <p>Our counselors, Betty McCluskey, MS, LPC; and Carey Heikkinen, MS, APSW; are qualified, licensed professionals with extensive experience counseling families and individuals of all ages with a variety of disorders.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Betty McCluskey, MS, LPC |

Stable Reins
 N5405 Co Rd. A
 Prentice, WI 54556
 715-428-2082
 Fax 715-428-2092
 E-mail: admin@stablereins.com
 Website: www.stablereins.com

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| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Equine Assisted Psychotherapy (EAP) is an experiential process, meaning you learn about yourself by taking part in equine based activities and then process thoughts, beliefs, behaviors, and patterns. Each session is designed to meet your unique treatment goals. EAP will help you discover effective solutions for the challenges in your daily living.</p> <p>EAP is for both the young and the old. Individuals, couples, families, and groups have enjoyed the benefits of being able to explore different ways of coping, problem solving, regulating emotions, and increasing self-awareness experientially with horses.</p> <p>Stable Reins is now offering Micro Current Neuro Feedback to help calm central nervous system which has been helping people with anxiety, depression, OCD, PTSD, ADHD, anger, behavioral problems and more.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Dawn Schroeder |

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| <p>The Centre for Wellbeing 901 N 6th St. Wausau, WI 54403 Phone: 715-848-5022 Fax: 888-778-6750 Website: centreforwellbeing.net Email: wellbeing901@hotmail.com</p> | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Our locally owned clinic offers you a wealth of experience in everything, from anxiety and depression to spiritual issues and beyond. All forms of insurance are accepted, and self-pay is available. Offices in Merrill, Rhinelander, Wausau, and Weston.</p> <p style="text-align: center;">Ages Served: All Ages depending on the provider.</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | <p>Amie Leonoff – Specializing in specialty include issues related to communication, parenting, blended families, child and adolescent behavior and mental health, stress management/coping, trauma, life transitions, LGBTQ, and mood and anxiety disorders.</p> <p>Kevin Stamper – Specializing in Depression, Anxiety Disorders, Autism, Oppositional Defiant Disorder, Parenting skills, Mood Disorders and ADHD</p> <p>Steve Kuhn – Specializing in anxiety, depression, mood and thought disorders, addictions, social skills and coping skills.</p> <p>Teresa Kuczarski – Specializing in adjustment issues, chronic mental illness; including anxiety, depression, trauma and crisis work.</p> |

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| <p>The Human Service Center 705 E. Timber Drive Rhinelander, WI 54501 Phone: 715-369-2215 Fax: 715-369-2214 www.thehumanservicecenter.org</p> | |
| Services Provided | Psychotherapy (12), Substance Abuse Treatment (13) |
| Service Description | <p>Through the Outpatient Clinic at The Human Service Center, both mental health and substance abuse treatment are offered.</p> <p style="text-align: center;">Ages Served: Psychotherapy – 12 years and older.</p> <p style="text-align: center;">Substance Use Services - Substance Use Counseling – 12 years and older.</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | <p><u>Dually Credentialed Therapist:</u> Heather Mikkelson, MSW, LCSW, APSW, SAC-IT</p> <p><u>Substance Abuse Treatment:</u> Terry Loduha, CSAC, BS Roberta Marcus, SAC</p> |

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| Transitions 22 N Pelham Rhinelander, WI 54501 Phone: 715-365-6696 Website: transitionscenter.biz | |
| Services Provided | Psychotherapy (12), Substance Use Treatment (13) |
| Service Description | <p>Located in Oneida County, Transitions serves everyone in the region. Call to ask about substance use treatments, addiction therapy programs, or individual counseling services. Transitions offers individualized therapy for a variety of addictions and mental health disorders. Our certified counselors help you through the hard stages of life, offering alcohol, drug, or gambling addiction therapy or individual counseling for improved mental health. Transitions specializes in Trauma-Focused CBT.</p> <p>Office is equipped to work with clients who are Deaf or hard of hearing.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | Kim Haas Lynn Feldman Rita Wege, LPC, SAS |

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| <p>Wetzel-Rasmussen Counseling Services N11230 Antigo Street P.O. Box 278 Elcho, WI 54428-0278 Phone: 715-275-3934 Fax: 715-275-4510 Website: wrcslight.com Email: drnat@frontiernet.net</p> | |
| Services Provided | Psychotherapy (12) |
| Service Description | <p>Wetzel-Rasmussen Counseling Services works to meet the mental health needs of individuals, couples, families, groups and communities of Elcho and the surrounding areas by helping to facilitate change and improve the quality of their lives.</p> <p>WRCS staff consists of highly qualified, licensed professionals who have experience working with consumers of mental health services in a variety of settings. Services are confidential and tailored to meet each individual’s needs. The consumer is a very active participant in the development of his or her treatment plan. WRCS provides Eye Movement Desensitization and Reprocessing (EMDR) psychotherapy.</p> <p style="text-align: center;">Ages Served: All ages</p> <p style="text-align: center;">Service Location: In Office</p> |
| Providers | <p>Natalie Wetzel-Rasmussen, MA, LPC Suzanne Pennington, MSE, LPC</p> |

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| <p>Wisconsin Family Ties Statewide: 608-267-6800 Direct (Provider): 715-607-2097 Website: www.wifamilyties.org Email: jackie@wifamilyties.org</p> | |
| Services Provided | Individual Skill Development and Enhancement (8), Individual and Family Psychoeducation (10), Wellness Management (11) |
| Service Description | <p>Wisconsin’s family voice for children’s mental health. Wisconsin Family Ties’ (WFT) parent peer specialists provide a wide array of services and assistance to families of children with social, emotional, behavioral, or mental health needs. In addition to array as noted above, WI Family Ties also offers Recovery Support Services.</p> <p style="text-align: center;">See WFT services form for additional details: G:\CCS\CCS Contracted Providers\WI Family Ties</p> <p style="text-align: center;">Ages Served: Families and Youth</p> <p style="text-align: center;">Service Location: In the community</p> |
| Providers | Jackie Baldwin |